

### Silos to Circles Community Guide



# CREATED WITH WORDPRESS



ABOUT

FIND

Cuyuna Area Connections **EVENTS** 

CONTACT

# Find what you need to live and age well in the Cuyuna area

Information about activities, transportation, housing, support in our communities



#### **FIND**

Resources, contacts, help in an easy-to-find format



#### CONNECT

Locate activities that you'll enjoy, and join in!



#### **LEARN**

Read stories about our community.

## Get help now!

#### Statewide Resources

Information and assistance by phone:



For help online:

MinnesotaHelp.info°

# Wordpress Plug-in called Business Directory



#### Find

#### DIRECTORY **Caring for Yourself** Food & Nutrition Giving Back & while Caregiving Volunteering Health Care & **Health Insurance** Help Staying at Home Wellness Questions Need a Ride? **Lifelong Learning** Planning for the **Future** Senior LinkAge Line Things to Do Time to Move?

#### **DIRECTORY**

#### **Food & Nutrition**

Sort By: Name of Resource ↑ | Organization Name ↑

## Cuyuna Range Food Shelf

Open every 2 & 3 Wednesday from 8 am - 12n

Areas Serviced: Deerwood, Crosby, Ironton

Cuyuna Range Food Shelf

Crosby, MN 56441 218-546-7444